

## Set an expectation for trauma and child development information

1. What are people, places, and activities that make this child feel safe and secure? What makes her feel unsafe or unsupported?
2. What are possible triggers that make this child feel threatened or remind him of traumatic events? What is being done in therapy and at home to help minimize or manage those triggers? Are there relaxation or stress management skills that the child is learning?
3. What behaviors, symptoms, or situations is the child experiencing? How might they relate to his history of trauma? What support or information can we offer him and his caregivers to understand and respond appropriately?
4. What other agencies or providers are serving this family? What expertise might they offer or what information might they need to ensure the entire team is helping the family heal from trauma?
5. What can we do to individualize our services to this child and her caregivers, based on her specific history, developmental level, and strengths and needs? What are things that make this child and her situation unique, and how are we addressing that?
6. Who is important to this child? What positive, stable relationships has he had in his life? What can be done to maintain, strengthen, or re-establish those connections?
7. What connections, information, or resources will help this child and her family engage in trauma-informed treatment? What barriers exist to treatment?
8. Is the child meeting developmental milestones? Are there developmental red flags?
9. If the child is newborn to three years old, has the child received a free developmental screening through Early Steps? If the child is three to five years old, has the child received an evaluation through the Florida Diagnostic and Learning Resources System?

(Source for questions 1 - 7: National Child Traumatic Stress Network)