

## Questions to Ask Therapists/Agencies Who Provide Services

Do you conduct a comprehensive trauma-focused mental health assessment?

What specific standardized measures are given?

What did your assessment show?

What were some of the major strengths and/or areas of concern?

Do you provide trauma-specific or trauma-informed therapy? If so, how do you determine if the child needs a trauma-specific therapy?

How familiar are you with evidence-based treatment models designed and tested for treatment of child trauma-related symptoms?

Do you have specific training in an evidence-based trauma treatment model? If so, what model(s), when were you trained, where were you trained, by whom were you trained, how much training did you receive?

Do you receive ongoing clinical supervision and consultation on any of the models that you have been trained in?

How do you approach therapy with children and families who have been impacted by trauma (regardless of whether they indicate or request trauma-informed treatment)?

What does a typical course of therapy entail? Can you describe the core components of your treatment approach?

How are parent support, conjoint therapy, parent training, and/or psycho-education offered?

How are cultural competency and special needs issues addressed?

Are you willing to participate in the multidisciplinary team (MDT) meetings and in the court process, as appropriate?